BAR HILL NEWS

Brought to you by the Bar Hill Residents' Association
April 2020 Issue 613

Changes at Maple Surgery

Hello from MKGP Plus Ltd, your new Maple Surgery provider.

MKGP Plus Ltd are delighted to announce that we will be providing services in Maple Surgery from 1st April 2020. We are looking forward to getting to know the patients and the local services available in and around Bar Hill.

What do you need to know?

- The telephone number for Maple Surgery will remain the same – 01954 780442
- Maple Surgery will have a new look website from 1st April – www.maplebarhill.co.uk
- We will be holding a series of engagement events. Look out for the dates and times advertised at the surgery, on our website and via the PPG. The first being April 15th 6-7pm in the Maple Surgery.

Your opinions and feedback are very important to us and we would like to hear from you as to what works well, what needs to change, and your ideas for future service developments. Please contact Clare Briars, Operations Manager, either via the surgery or via email clare.briars@nhs.net

MKGP PLUS

Cambridge Gliding Centre the sky's the limit!

Open Day. See **Page 7**

Indoor "Car Boot" Sale

Saturday 18th April
10:00am to 1:00pm
Bar Hill Church (main building)
Sellers to set up from 9:00am
£8.00 per pitch - plus £2.00 to hire a table

To book contact Di Gunton

dianne.gunton@gmail.com

(£12 per pitch on the day, if spaces available)

Bar Hill Cricket Club needs new players for the 2020 season which starts in early May.

We run the following teams:

Under-10 (soft ball) league

Under-13 league

2x adult Saturday league

1x midweek league

We also have weekly youth training sessions starting in April.

No experience necessary, equipment provided.

For more information, see **Page 3**, visit www.barhillcricket.org.uk or call 201212.

Deadline for next issue is 6pm on the 15th of the month, please send submissions to **bhneditor@yahoo.com** - the earlier the better! (space is allocated on first-come basis!)

- BAR HILL RESIDENTS' ASSOCIATION -

2018-19 COMMITTEE:

Chair	Roger Hall	01954 780 304	
Vice Chair	Kate DaCosta		kjdacosta@outlook.com
Secretary	Karen Hayden	barhillresidentsassociation@gmail.com	
Treasurer	Anne Bensted		ab10034@cam.ac.uk
Data Prot. Officer	Richard Hayden	07462 724 706	rxh321@gmail.com
	Bunty Waters	01954 201 421	bunty.waters@ntlworld.com
	Mike Nelson		mike@machineconcepts.co.uk
	Jo Hall	01954 780 304	
	Hilary Whipp		hilary.whipp1@gmail.com
	Laura Chapman		laura.katy.foster@gmail.com
	Amber Neale		amberscott2015@gmail.com
Magazine Editor:	Andy Pellew		apellew@gmail.com
Advertising Co-ordinator:	Anne Bensted		ab10034@cam.ac.uk

The objectives of the Association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance around the village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association.

Anonymous letters will not be published. Names and addresses may be withheld.

ADVERTISING RATES

Please see the Bar Hill Residents Association Facebook Page (facebook.com/barhillra/) or contact the Advertising co-ordinator (see above).

EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell.] All items should be submitted electronically to **bhneditor@yahoo.com**.

Crafts Shed continues to move forwards. We now have eleven formal members plus many others wanting to join.

The date of the next meeting is on Wednesday 25th March at 10.00a.m. followed by Thursday 9th April and Wednesday 22nd April 2020 in the Octagon Meeting Room.

Further information will shortly be available on the electronic Notice Board in the Social Club.

Concert at Bar Hill Church 16 May

Join us for an evening of uplifting music from the USA with the Huntingdonshire Concert Band.

CANCELLED

Bar Hill Church on Saturday 16 May 2020 at 7.30pm.

Tickets are £8.50 (£8 concessions – seniors and under 16s) and include a glass of wine or juice. They can be reserved or obtained from Jeanette Walker - email **jwalker@letscellit.com** or phone **07540 100512** or from the church office email **office@barhillchurch.org.uk** or phone **01954 780260** or **01954 206120**

District Councillors Report

As I'm sure you're aware, the recent outbreak of Coronavirus COVID-19 is causing an increasing level of concern around public health and the vulnerability of elderly and those with underlying health problems for our residents.

Please contact me if you have difficulty shopping or any other needs so that I can give assistance, there are many others in the village who are also very willing to help out with shopping or other needs, please use the contact details so that if you are self-isolating due to the Covid-19 virus you are not alone.

East – West Rail Announcement

Following the welcome announcement from Grant Shapps, the Transport Secretary, the East-West rail will take a Northern route via Cambourne. The next step will be to consider the precise location of the station in Cambourne and the onward route that the line will take into Cambridge. The Transport Secretary has indicated that he will work closely with the South Cambridgeshire MP Anthony Browne, Councils, stakeholders and the local community when considering matters relating to this next phase.

Please contact me if you would like further information, help, or advice

Bunty Waters - bunty.waters@ntlworld.com

07734 690580

FOR SALE (APR): Clothes for Sale; HUGO BOSS SUIT – Blue/Grey. Unwanted xmas gift Size 46 Chest 38 Waist cost £500+ - Sell £100 ono

BOSS T. Shirt Black long sleeve £5

JAEGER SUIT Size 46 Chest 38 Waist Blue £15 ono worn once

SOFT LEATHER JACKET Size 46 Chest – Black £25 ono

TED BAKER JACKET Size 44 Chest - Black £15 ono

SUEDE JACKET 2XL/ 44 Chest - Beige £10 ono

Tony **07831 895007** or **01954 789848**

Bar Hill Cricket Club

We're only a month or so away from our first matches of the season and we're still looking for new players – you can see full details on the front cover of this edition of Bar Hill News.

Our preparations are going well and we will soon have our new community net facility up and running on the edge of the village green near the pre-school, available for use by anyone who wants to practise their skills.

The surface has been part-funded by the A14 (Cambs Community Fund) and the Parish Council, to whom we are very grateful.

We have a few more indoor net sessions left on Sunday evenings at Fenner's from 8-9pm, alongside Girton CC. If you would like any more information, or a lift, please contact me as below.

The first youth training session will be on either Wednesday April 22nd or 29th, depending on the weather – please keep an eye on www.barhillcricket.org.uk and our Facebook page for confirmation and all the latest news.

Finally, we would love to see as many people as possible at the Sports & Social Club on Saturday April 18th for our fundraising quiz night, from 7.30pm for a 7.45pm start.

For any information, you can contact me on the number below or via info@barhillcricket.org.uk

Paul Stimpson 201212

Bar Hill Fete and Festival 2020

The Fete and Festival will be taking place from 1pm on Saturday 4th July.

Our final few meetings are on 14th April, 12th May, 9th and 23rd June starting at 7.30pm in the Social Club - everyone welcome. If you have something to contribute please email **sarah.whitfield8@googlemail.com**

NOTICES & LETTERS TO THE EDITOR

Gillian Reynolds of Chestnut Rise & Family would like to thank everyone who attended Derek's funeral at Bar Hill Church and for the flowers and donations to Parkinsons.

Thank you to everyone for your words of support during our very sad loss.

Special thanks to Reverend Charles Maher and the Church organist for the lovely service and at the Crematorium and for Charles's diplomacy and help throughout our grieving.

Gillian Reynolds, Chestnut Rise

Dear Editor,

I would very much like to thank the person who helped me with my overloaded shopping trolley on Monday evening (9th March) and then stayed to help after I had a fall.

She had gone before I could thank her and I would like to ask her round so that I could say thank you!

Regards,

(Name and address withheld - please email the editor & I'll put you in touch).

Dear Editor,

The village Fete and Festival is now only 3 months away and stall bookings are now being taken. Please visit www.barhillvillagefete.co.uk to book - charity stalls are free and all other stalls only cost £15. Booking will close on Saturday 20th June.

We are still looking for volunteers, both on the day and to help with planning. Please contact sarah.whitfield8@googlemail.com

We are planning an amazing 'all American' day full of fun - the Fete will be opened at 1pm by Elvis with stalls and rides all afternoon. Music will start on the stage at 4pm with 6 local bands plus our headline act 'Q7 Funktion' playing through the evening.

We look forward to seeing you all there!

Bar Hill Fete & Festival Committee

Dear Editor,

You may have seen the posters on the Citi 5 buses informing you of further changes to the Citi 5 services. Stagecoach has released another new timetable which will start on Sunday, 15th March 2020. This is only three months after their previously released timetable. You can find the new timetable changes at this website address - https://tinyurl.com/snff89s I did ask Stagecoach if it would contact BHN directly or post the changes to the Bus stops, but they declined to comment. I must state that I personally think the timetable changes are being handled badly and I worry there will be a repeat of the confusions experienced in January. Finally trying to find the website link for the timetable changes was not straightforward and required me to email the company.

Reverend Anthony Mitchell, Pheasant Rise.

Dear Editor,

In light of current circumstances please use the Bar Hill Community Facebook page if you or somebody you know needs help.

We have many elderly and vulnerable people in the village, many of whom might not have Facebook so please look out for each other at this time.

We have a list of people who are happy to do shop runs, errands, prescription pick ups and the like so please do get in touch either via the page or by emailing sarah.whitfield8@googlemail.com

The Hanover retirement estates in Hanover Close and the Spinney have requested that people refrain from knocking on doors, etc in these areas as their residents are particularly vulnerable and even a well intentioned gesture may cause confusion for some. The estate managers will reach out through the Community page if they feel help is needed.

Above all else stay safe and take the necessary precautions when offering help.

As always, proud to be part of this caring community

Sarah Whitfield

The Fox, Bar Hill

April is coming. Here's what's happening!!

The Fox will be closed from 30th March until 9th April at 6pm for general repairs & maintainance

Inter-national award winning singer/songwriter & producer Dan Olsen will be performing at 8pm on Friday 10th April Dan's genre is Acoustic Pop

Friday 24th Paul Manners (from Britain's [illegible] Talent) performs his monthly resident [illegible] from 9pm till 2am

CANCELLED

Weekly Poker Night 7pm every Tuesday. 10 pounds entry winner takes all

Quiz Night with guest host every Wednesday 8pm with a 30 pounds bar tab for the winner

Carvery every Sunday from 12pm till 5pm

Food served daily 9am till 9pm

Prosecco £9.99 Fri/Sat

Burger & Drink £7.50

Join us on Facebook for more information

Services during April

Sun 5 April	10:00 am	Palm Sunday Morning Communion (Anglican)
Thu 9 April	7:30 pm	Maundy Thursday Holy Communion
Fri 10 Ap[illegible]	[illegible]:00 am	Good Friday Reflection
Sun [illegible]	[illegible] am	Easter at Lolworth (at Lolworth Church)
	10:[illegible] m	Easter Sunday All Together Worship
Sun 19 Ap[illegible]	[illegible]:00 a[illegible]	Low Sunday Morning Communion (Reformed)
Sun 26 April	[illegible]00 am	Holy Communion
	10:[illegible]0 m	Morning Worship

BAR HILL CHURCH
spread the word

Please confirm event details with Organisers!

Events

Easter at Lolworth: Join [illegible] a[illegible] over to Lolworth Church on Easter Sunday (12 April). Meet up outside [illegible] Hill [illegible]urch at 6:00 am for a walk to Lolworth where they have a service at [illegible]:[illegible] am.

Olive Tree Bereavement Suppor[illegible] Group Sa[illegible]urday 11 April in the Octagon 10:30 am to 11:30 am. Contact Chris 01[illegible]81978[illegible] or Sue 01954 780260.

Art Group every Wednesday 1:30-4:[illegible]0 pm i[illegible] the Octagon (Contact Jan 01954 201495)

Knit & Natter every Thursday 1:15-3:00 pm in the [illegible]gon (Contact Sue 01954 780260)

Bring Your Own Craft Group Saturday 25 April 2:00 pm [illegible]n the Octagon (Contact Karen 01954 781085)

Church Contacts

Church Office	Ian Pryke	01954 206120 church.office@barhillchurch.org.uk
Minister	Rev Charles Mather	01954 277119 Charlesmather20@yahoo.com
Address	Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge CB23 8EH	
	Website	https://barhillchurch.org.uk
	Facebook	https://facebook.com/barhillchurch

WILLINGHAM & LONGSTANTON SURGERIES

We are delighted to welcome Dr Faye Stevens to the practice as a permanent member of our team.

Cervical Screening

Around 2,600 women are diagnosed with cervical cancer in England each year, and around 690 women die from the disease, which is 2 deaths every day. It is estimated that if everyone attended screening regularly, 83% of cervical cancer cases could be prevented.

New research from Public Health England shows that nearly all women eligible for screening (90%) would be likely to take a test that could help prevent cancer - and of those who have attended screening, 9 in 10 (94%) would encourage others who are worried to attend their cervical screening. Despite this, screening is at a 20-year low, with 1 in 4 eligible women (those aged 25 to 64) in the UK not attending their test.
If you have been invited or are overdue your cervical screening test, please contact the surgery and book a routine appointment with one of our nurses.

Cambridgeshire Hearing Clinics

The next Hearing Aid Clinics at Willingham Surgery on Weds 15th April, Weds 20th May and Weds 17th June from 2:00pm-4:00pm. No appointment necessary, just pop along for your free NHS hearing aid batteries and for help and advice regarding hearing loss.

Carers Support Meetings

Meetings held on the first Wednesday of every month. If you are a carer, please pop along and get some support from other people in the local community. Refreshments provided no need to pre-book and completely FREE! Please contact Sue Lawson at the surgery or email her at susan.lawson7@nhs.net for more information.

A&E is not an alternative to a GP appointment. If we are closed, please call 111.

Lisa Smith –Assistant Practice Manager– April 2020

Cambridge Gliding Centre — the sky's the limit!

Cambridge Gliding Centre Open Day, Sunday 3rd May, 10am - 4pm.

Come and visit Gransden Lodge Airfield to find out about the sport of gliding. All welcome. Discounted trial gliding lessons with our qualified instructors will be available using a choice of winch launch, aerotow or motor glider. Call the office on 01767 677077 to book your flight in advance or just turn up on the day. Refreshments. Free admission. Free talks about gliding and static displays.

Airfield entrance on the B1046 between Little Gransden & Longstowe, opposite Gransden Lodge Farm (enter SG19 3EB into your SatNav).

More information online: http://www.camgliding.uk/ or via Facebook: https://www.facebook.com/CambridgeGlidingCentre/

THE BLOCK PAVING COMPANY

Installers of Drives & Patios

- individual block paving
- concrete setts
- paving slabs
- natural stone paving
- permeable paving

FREE QUOTATION WITHOUT OBLIGATION

Tel: 01954 205317

Mobile: 07850 919432

Email: sales@blockpavingcompany.co.uk

34 Partridge Drive
Bar Hill
Cambridge
CB23 8EN

www.blockpavingcompany.co.uk

Bar Hill Colts Tornadoes U12s Whites 2020

The Whites have been holding their own this season. In the past we have been relegated from this league but battling and improving performances have seen us hold our own with an injured striker.

We started with a tough defeat before a 3-2 win v Littleport and a comeback draw. Recently, two disappointing defeats to teams we beat in a friendly and before Xmas have been harsh.

The players have been superb this season. All are growing in skill and confidence. Marco, Taylor and Toby have all scored plenty. Isaac, Abi and James are all proving solid defenders. Stella, Radi and Martin are putting in the tackles in midfield. Luke and Tim are making lots of saves and bring energy to the outfield. We also welcome new players Filip, Charlie, Emil and Alejandro who are getting game time that improves their knowledge and skills.

SING IT OUT

COMMUNITY CHOIR

Weekly on Mondays From 7.30 - 8.30pm in the Octagon

If you enjoy singing popular songs/musicals then you will be very welcome to join us.

If you need more information please email Mel Stamp at singitout@virginmedia.com

INDOOR CARPET BOWLS

We are a mixed group who meet in the school on Friday evenings during term time from 7:30 to 10:00pm (with a half-hour break for refreshment) - all for £1.50 each evening you play.

We do not play in any leagues so even if you have never played before do not be put off. Why not come along and join us on any Friday evening with your 1st session being free? We look forward to welcoming you.

If you require any further details please contact Barbara on **01954 204171**.

PLAYPALS BABY AND TODDLER GROUP

Meets Wednesday and Fridays (term time) at the Octogan from 09:45 to 11:15.

Under 1's - £1.50, Over 1's - £2.50, Family - £3.50. Your first session free!

Any questions email playpals.barhill@gmail.com

FEN DRAYTON LAKES

Wednesday Wander

Ever thought you'd like to know more about the reserve and its wildlife? Informal volunteer-led guided walks take place on the second Wednesday of each month. There's no need to book and it only costs £3 for members and £4 for others. Walkers meet at the main car park, leaving at 10.15am

rspb giving nature a home

Fen Drayton Lakes

Email: fendraytonlakes@rspb.org.uk

Phone: **01954 233260**

Visit: rasp.org.uk/fendraytonlakes

The Royal Society for the Protection of Birds (RSPB) is a registered charity: England and Wales 207076, Scotland SC037654

CRAZY DOG LADY PET SERVICES

Services include:

Dog walking

Other pets and puppy pop-ins

1-2-1 training

Friendly, Reliable, Fully insured, DBS checked, APDT trained.

For more information and prices visit www.crazydogladyservices.co.uk or call Sarah on 07913 690021

BAR HILL HEALTH WALKS

Free Every Wednesday Morning

Meet at Maple Surgery at 10.30am

Our walks are all weather (in case of rain you will find us under the Church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at www.walkingforhealth.org.uk.

Contact: **Josephine Powell** T: **07901 558108**;

E: **jopowell45@hotmail.com**.

Bar Hill Editorial Services

editing - copyediting - proofreading
academic - non-academic - professional

Roger Hall, 11 Almond Grove, Bar Hill, Cambridge. CB23 8DU

Contact: **01954 780304**, or **07746 118880**

Email: **rogerhall@barhill11.fsnet.co.uk**

On-screen and hard copy work accepted

BIN COLLECTION

Here are the dates for the next few weeks bin collections for Bar Hill;

	Black	Blue/ Green
Thu, 2 Apr 2020	✔	
Thu, 9 Apr 2020		✔✔
Sat, 18 Apr 2020	✔	
Fri, 24 Apr 2020		✔✔
Thu, 30 Apr 2020	✔	

Oakington Garden Centre

Large selection of plants, pots and garden sundries

Open:
Monday - Saturday 9am to 5pm
Sundays 10am to 4pm

Oakington Garden Centre,
Dry Drayton Road, Oakington.
Tel. 01223 234818
Fax. 01223 236823
Email. oakingtongardencentre@hotmail.com

CHRIS'S BIKES

Bar Hill's local cycle centre

2 Thornton Way, Girton, CB3 0NJ
(just off Huntingdon Rd)

- Bikes
- Cycling clothing, helmets, gloves
- Bike repair & servicing
- Hire bikes
- Professional, knowledgeable, friendly service
- Wide range of spares/accessories available
- Plenty of parking
- Magura

We now offer bikes and equipment TAX FREE with theCycle to Work (C2W) Scheme

chris@chrisbikes.co.uk

01223 276004

NWR CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light-hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.

9th April

PLANNING MEETING - plus Scrap book discussion

23rd April

SPEAKER - Nigel Sutton, Fraud and cyber security officer, Cambridge Police

CANCELLED

7th May

MODERN DAY SLAVERY - who is affected and what steps can be taken to eliminate it?

The Bar Hill group meets in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £23 and just £1 per meeting to cover local costs.

For more information please call Karen Hayden (Local Organiser) on **07900 803600** or Kaye Fuller (Deputy) on **01954 782403**.

NWR can also be found on www.nwr.org.uk. Why not have a look!

BAR HILL BOOK CLUB

Meets last Tuesday in the Month at 7.30pm in the Bar Hill Sports and Social Club.

Please join our friendly group, we offer a lovely welcome, good company and great book choices. Let me know if you would like to join us and I will arrange a warm welcome.

CANCELLED

sheilafarrar@hotmail.co.uk

Tel/Text: **07920 558319**

K & S SERVICES

Tel: 01954200869
Mob: 07548796094

All aspects of Carpentry and Joinery

Kitchen Fitting, Wall and Floor Tiling, Fencing

Internal/External Painting and Decorating

Laminate and Wood Flooring

Bathroom Refits, Heating Systems

FRIENDLY & RELIABLE LOCAL SERVICE
QUALITY WORK GUARANTEED

Andrina B
the footcare specialist

Providing expert treatment in all aspects of foot healthcare in the comfort of your own home

Nail Cut • Callus • Athlete's Foot
Hard Skin • Corn Removal
Fungal Infections • Plantar Faciitis
In-Growing Toe Nail • Orthotics
Leg and Foot Massage

To book your appointment call Andrina on
07966 571 686
or email: andrinab@foot-care.co.uk

www.foot-care.co.uk
Andrina Baldock, Foot Health Practitioner, SAC Dip. FHPP FHPT
Register for Foot Health Practitioners Member

HAPPY HOURS, Monday Club

Our Club meets on most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm with coffee, tea and light lunches. Our Winter lunch time menu starts in October and consists of soup and a roll or baked potato with butter (at £1.50 each) or filled baked potatoes (cheese, tuna mayo or baked beans at £2.50) or a ploughman's lunch (at £2.30 each).

Our aim is to provide friendship and companionship so why not come along and give us a try. You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

Coming up in April:

6th April: Easter Arts and crafts

13th April: NO CLUB Holiday at Home week

20th April: Beach Boys: Story and Songs

27th April: Articulate

4th May: VE Day Party

Thank you to Rodney, Helen and Kim (family of Isabel Arnold) and Jean (Brian Burridge's wife) whose generous donations paid for our Christmas party.

Anne Plumb, **01954 780364**

HEALTH & WELLBEING CLUB

Held on the second Tuesday of the month between 2–4pm in Tesco Community Room. Focuses on aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from Tesco's departments.

This is a unique and friendly group and is an ideal place to meet new people.

For further information, contact **Wendy Arrowsmith on 01954 781381**.

R.PETCH . DECORATOR

Quality Workmanship since 1962

EXTERIOR PAINTING

INTERNAL DECORATING AND WALLPAPERING

FREE ESTIMATES

BAR HILL RESIDENT 1988 - 2004

TEL: 01223 861970

www.petch-quality-decorator.co.uk

petch_decorator@hotmail.com

URBAN CAR COMPANY

QUALITY USED CARS

- ☆ All Cars Multi Point Checked
- ☆ Finance Arranged
- ☆ Extended Warranties
- ☆ Cars Bought for Cash

Your local car dealer owned by village residents who have all lived on the village for more than 35 years.

Viking Way, Bar Hill

TEL: 01954 782430

www.urbancarcompany.co.uk

We offer childcare Monday to Friday 9am-3pm, term time, for children aged 2-5.

Bar Hill Pre-School
Registered Charity No. 1030725
http://www.barhillpreschool.co.uk

We offer sessions through the government funding, including funded twos and accept childcare vouchers.

Our ethos is to ensure high quality care by focussing on each child's ability and interests, providing fun and exciting activities for children to learn and develop skills through play, in an inviting environment.

Our key-person and buddy system ensures every child is well supported by qualified staff who have a wealth of experience.

We work in partnership with parents and our online learning journals support this by providing families with regular information on their child's development and next steps. Parents can upload evidence from home and add comments too.

This month we have focussed on our creative skills, including making our mums a special card and present. For world book day we looked at the book 'supertato' where vegetables become superheroes. We then linked our learning with a variety of activities involving vegetables and we have planted cress seeds and beans after reading the book 'Jack and the Beanstalk'.

We are now taking application forms for the September 2020 entry.

We look forward to meeting you and your child.If you are interested, please call us on **01954 782892** to arrange a visit or see our website; www.barhillpreschool.co.uk

BAR HILL ROSARY GROUP

We are a friendly group praying rosary together. Everyone is welcome to join us. All materials provided.

We wish you strong Faith, joyful Hope and true Love in our Saviour Jesus Christ this Easter.

We invite everyone to join our Rosary group. Our next meetings are on 24th April and 1st May at 2pm in the Octagon. Agnes and Mary.

Cloud Nine

HOLISTIC HAIR & BEAUTY THERAPY

- INDIAN HEAD MASSAGE
- THAI FOOT MASSAGE
- WELLBEING AT WORK
- BIO SCULPTURE NAILS
- REIKI HEALING
- GIFT VOUCHERS
- CHILDREN'S PAMPER PARTIES
- COMPETITIVELY PRICED

Bookings by appointment only

www.cloudninehb.com
Karen: 07930 196319
karen.cloudnine@gmail.com

Private, tranquil garden studio based in Bar Hill, ask for info on mobile services

UniPlumb

GAS safe REGISTER

We offer a full range of plumbing and heating services including the following

- Full bathroom installation & tiling service
- Full central heating system installation
- Vented & unvented cylinder replacement
- Boiler installations / replacements
- Central heating power flushing
- Repairs & maintenance
- Shower installation
- Water softener installation
- Underfloor heating
- Kitchen installation

To complement the above, we can also provide electrical, carpentry and plastering services

For a free quote please call 01954 212553 or email info@uniplumb.com
Alternatively visit our office at
117 Highfields Road, Highfields,
Caldecote, Cambridge CB23 7NX

THE BLACK HORSE

FREE HOUSE

Relaxed dining & drinking

WALKERS AND DOGS WELCOME!

Homecooked food
Coffee, tea & cakes
Special events catering available

See our website for hours and upcoming events

www.blackhorsedrydrayton.com

01954 488150

RedLocks Locksmiths

Your local locksmith

Locked out? All locks opened, fitted, repaired and replaced

- Garage doors
- UPVC door & window specialist
- Safes fitted and opened
- All work guaranteed
- 24 hour service
- CRB/DBS checked

SERVICING BAR HILL AND SURROUNDING AREAS

Student and OAP discounts

freephone 0800 8 247 047

t 01954 202818

m 07784 240 970

w www.redlocks.co.uk

e info@redlocks.co.uk

SAVOUR
EVERY MOMENT
With our delicious frozen meals and desserts, you've more time to enjoy the things you love.
For your free brochure visit wiltshirefarmfoods.com or call 01371 876970
OVER 300 DELICIOUS DISHES
FREE FRIENDLY DELIVERY
TRUSTED LOCAL SERVICE
WILTSHIRE FARM FOODS

Over Day Centre

The Over Day Centre Association provides care catering to individual needs, in a friendly, engaging and health & safety conscious environment.

We support individuals to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities

The service provides much needed support and respite for families caring for a loved one.

Currently it costs £21 per day to attend including a hot 2-course lunch and all drinks and morning & afternoon snacks. The minibus (with wheelchair lift) will collect from home at no charge.

For further information please contact The Over Day Centre Association on **01954 231807,** email care@overdaycentre.co.uk or see the website overdaycentre.co.uk

Keeping Older and Vulnerable People Safe In Their Own Homes

The home is where people should expect to feel safe and secure - it is the one place where they have a right to feel safe! By visiting and securing the homes, the Bobby Scheme helps victims of burglary, theft and of domestic abuse and their children to remain in their home, to recover from the trauma and to begin the journey of moving forward, rebuild and take control of their lives.

Telephone **01480 413311** (Mobile **07866 602100**). If you have been a victim of crime (Cambridgeshire Constabulary should ask if you want to be referred) and the visit is free, otherwise there is a £50 suggested donation to help cover the costs of the visit.

See thebobbyscheme.org/ for more details.

THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or WendyArrowsmith on **01954 781381** or come along to the next meeting.

BAR HILL POST OFFICE

We are located in Bar Hill Library, open 9–5.30pm Mon to Fri and 9–12.30pm Sat.

We offer Royal Mail & Parcel Force services.

Ask our friendly, helpful staff for advice to make sure you're using the right service.

Also Available:

Car Tax • Bill payments; • Banking services – cash/cheque deposits for all High Street Banks; • FREE cash withdrawals; • Foreign Currency – Euros in stock – other currency available to order with next day delivery; • Moneygram – safely send money abroad/ UK; • Gas and Electricity key/card top-ups; • Mobile phone top-ups; • One 4 All Multi-store Gift Cards; • National Lottery, EuroMillions & Scratchcards; • Stationery and posting/packaging items; • Cards and wrapping paper for all occasions; • Helium Balloons; • Basic shop items; • Sweets and chocolate; • Cold drinks; • Daily Newspapers – reserve your paper for collection; • Vaping Products; • Ice Creams

PLEASE SUPPORT YOUR LOCAL POST OFFICE

THE CATHOLIC CHURCH OF OUR LADY AND THE ENGLISH MARTYRS

I am happy to bring communion to the house bound Catholics. I also visit people at the end of their lives, of any religion or none, who would welcome support or are distressed spiritually.

Contact Jean: **07841 397 338**, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

Catholic Church Serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton) adrian.gates@rcdea.org.uk, 01223 622690)

Local Contact: **Bunty Waters** (Tel: 01954 201421)

Mon, Wed, Thur, Fri 8am & 12.15pm

Tuesday 8am & 7.30pm

Saturday 6pm: First Mass of Sundays Masses in the Parish Church in Cambridge; also 5pm at Cambourne and **6pm at The Octagon, Bar Hill**.

Holydays of Obligation 8am, 10am, 7.30pm

Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30 - 11.15am, 4.30 - 5.15pm. 7.00 - 7.45pm

Bar Hill Community Car Scheme

Offering low cost transport services to those who cannot drive or who have poor access to buses.

The scheme can provide transport for doctors and hospital appointments as well as for visiting friends and family.

The cost is currently 30p per mile with a minimum spend of £3.

Please call Russell on **07496 465330** for more details.

COMBERTON RAMBLERS

If you are making a new resolution for 2020 why not join a walking club that will put you together with like-minded people.

The benefits from walking is a good way to get fit. It strengthens the heart and improves circulation by raising the heart rate to a safe level. Walking also gives people the opportunity to spend time in the fresh air and enjoy exploring the countryside.

Comberton Ramblers walk alternate Sundays between 5-7 miles.

New walkers are very welcome to join us with 2 free walks, and if you enjoy our walks we request that you become a member. Annual membership fee is £8.50 per person.

Our full walks programme can be viewed + photos on.

https://www.combertonramblers.org.uk

For further information please contact Stella the Secretary.

Email. stella.ramblers@hotmail.com

Tel 01954 210049

Bar Hill Primary School

We are delighted to be introducing the 'Brian Burrage Attainment Award' to our school community. Brian was a larger than life part of the Bar Hill community, his sport was his love, apart from "my Jean". He was always a big supporter of the youth in the village and loved the Social Club and the card games every Sunday. Mrs Burrage has kindly made a donation to the school which has been used to purchase the trophy.

This award will be presented termly to the child or group of children who has shown an outstanding contribution to our community. Mrs Burrage has kindly been in to talk to the children in assembly about her husband and the impact he had on the Bar Hill Community.

A. Denton

Painting & Decorating

High Quality

INDUSTRIAL

COMMERCIAL

DOMESTIC

102, Stonefield
Bar Hill
Cambridge
CB3 8TB

01954
782472

Do you need a chiropodist?

For a professional service in your own home

201256

07494 196065

Michelle Dolan

Podiatrist/Chiropodist

HCPC Registration number CH34864

EXPRESS ROOFING SERVICES

Flat Roofing Specialists

Emergency 24 hour Service

Roofing for over 25 years

* Insurance work
* Guttering * Facia Boards
* Garages & Extensions
* Re-roofing & repairs

5-10 year guarantees

Competitive Rates

Prompt Reliable Service

01487 841008

Mobile 07860 680550
37 Greenfields, Earith

Bar Hill's Newspaper Delivery Service

ANY newspaper, **ANY** day of the week delivered to your door by **7.30am**

£1.50 - Saturday + Sunday

£2.00 - Monday to Friday

£2.50 - Monday to Sunday

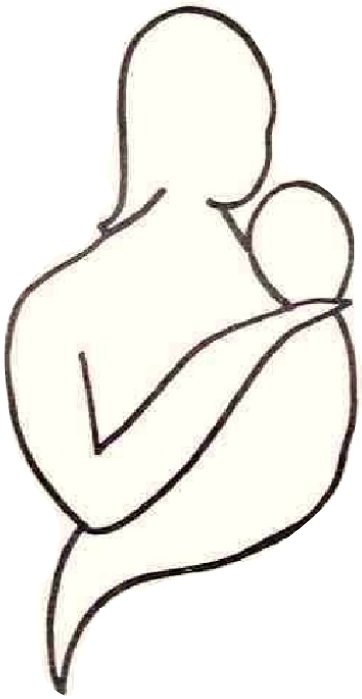
(Plus the price of your selected paper)

Set up in 2011 we deliver to households and businesses in Bar Hill, offering you a simple, reliable service for a great price

Tel: 07832 122534 info@yourlocalpaperboy.co.uk

FRIENDS OF THE ROSIE

We hope all our supporters are looking forward to Easter.



We are helping to get you all ready with our selection of gifts for all ages.

We are continuing to make the Rosie a more comfortable environment for mothers and babies. For up-to-the minute information follow Rosie in Stitches facebook page.

See below for where you can shop with us again.

Tea Bar, Rosie Hospital Outpatient Clinic
Monday to Friday 9am to 4pm

Bar Hill Community Market
10.30am to 2pm
Saturday 4th April
Selling gifts for all ages

CANCELLED

Rosie Hospital
Tuesday 7th April 10am to 4pm
Selling hand knitted clothes from premature to age 4 and gifts for all ages

We always need help in the Tea Bar in Clinic 21 for a few hours a week or on an occasional basis. At present we do not have a regular volunteer for either Monday afternoon or Thursday morning. We also require occasional volunteers to help when a regular volunteer is unable to help due to holidays/illness etc.

Please email annlaskey@icloud.com if you would like to volunteer.

New members are always welcome, whether to contribute financially, to join our team of knitters, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar. Contact Mary Sanders on 01223 356615 further details are given on our website; www.rosieinstitches.org.uk.

Thank you for your continued support!

HINCHLIFFE BUILDING SERVICES

Craig Hinchliffe

07944 609868

Bar Hill Resident over 30years

Local, Honest & Reliable
Free Quotes
Extensions & Conversions
Kitchens & Bathrooms
Driveways & Patios
Windows & Doors
Floor & Wall Tiling
Painting & Decorating

hinchliffebuildingservices@gmail.com

PEASGOOD & SKEATES
THE FAMILY FUNERAL SERVICE

Personal care & attention
24 hours a day by local, qualified staff

Traditional & Contemporary Funerals
Memorials
Pre-Paid Funeral Plans
Off Road Parking

617 Newmarket Road
CAMBRIDGE
CB5 8PA
Please call: (01223) 415255
www.peasgoodandskeates.co.uk

Health & Social Care

Good news for all those residents who are registered with the Maple Surgery. The contract has finally been offered to and accepted by a replacement provider. I recently met with the CEO, Andrew Harrington and some of his team and was impressed by his expressed commitment to deliver the service that local people need. He said that to be able to deliver that service, the organisation will need to hear from local people and, among the ways that it will achieve this will be through active support for the local Patient Participation Group. A drop in event at the surgery soon after it takes the practice over on 01 April 2020 is also being planned.

I continue to meet regularly with the team that is working to deliver the new Regional Children's Hospital. The latest update included news about the relocation from the old Fulbourn Hospital site, targeted for completion by November 2023, when some new accommodation will have been provided on the Cambridge Biomedical Campus. Currently our diverse and extensive region is the only region in the UK without a purpose built children's hospital and this will be the first one that seeks to integrate rather than just co-locate physical and mental health services for the 1.5m children and young people it serves. A unique combination of ground-breaking research, mental and physical health expertise and collaboration with partners across local communities, GP practices and hospitals will provide better futures for our young people and in some cases prevent hospitalisation entirely. More information: https://www.cambridgechildrens.org.uk

The likely impacts of Coronavirus are now becoming clearer and by the time you read this it is likely that a requirement for social distancing will be affecting life for many in the community. The Government has latterly talked about community support but even prior to that, there was evidence on social media of a willingness by many local people to offer help to those who may need it. Those in isolation at home with symptoms or mild/moderate illness and many more in the highest risk groups needing to manage their risk by staying at home will be grateful for any support that others can offer. If you can help, please do but do also take steps to manage your own risk. Please continue to heed the advice to wash your hands with soap and hot water for 20 seconds and to use a tissue [or the crook of your elbow] to catch a cough or sneeze. Remarkably despite this advice having been given not just for this latest virus but for many years as a precaution against spreading colds and flu, there are people who are still not doing this. The best source of up to date advice about Coronavirus is: **https://www.nhs.uk/conditions/coronavirus-covid-19/**

Local development

Whilst the drop in event for the new proposals for Saxon Way has unfortunately had to be cancelled, the developer is still offering the opportunity for you to view the details on line. The materials that would have been used at the event are available at **www.saxonway.info** where you can also leave comments or questions. Those unable to access the website can call **0207 242 0170** or **email lee@polityuk.com**

Please do continue to contact me about the things that matter to you.
lyndaharford@icloud.com, 01954 251775/07889 131022; Twitter: @2whit2whoo

JASON KIRBY

Professional Painting & Decorating Ltd

A Professional Service from Start to Finish

Tel: 01954 211775

www.jasonkirbyltd.co.uk

PROBLEMS?

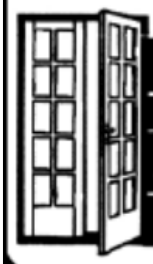
WITH YOUR EXISTING DOUBLE GLAZING

DOMESTIC • COMMERCIAL
INDUSTRIAL
REPAIR & MAINTENANCE SERVICE

- **WE REPLACE** Glass, Locks, Handles, Hinges, Patio Door Wheels, Tilt & Turn Mechanisms
- **WE FIT** Window Opening Restrictors, Cat Flaps, Fly Screens

FREE ADVICE / ESTIMATES

- **WE SPECIALISE IN** New Conservatories, Windows, Doors



SECONDARY DOUBLE GLAZING ALSO AVAILABLE

the WINDOW & DOOR SURGEON

For a Friendly and Efficient Service Please Call:

Phone **01954 201944**

Email: enquiries@tw-ds.co.uk
visit www.tw-ds.co.uk

2 RAMPTON ROAD • WILLINGHAM • CAMBRIDGE

WE DON'T PUSH.....WE DON'T EXAGGERATE ON PRICE.....WE JUST SOLVE PROBLEMS

Green Heat Limited

PHONE NOW FOR A FREE NO OBLIGATION QUOTATION

01223 277278

www.greenheat.uk.com

Special offer: Free magnetic system filter worth over £200 with all new boilers installed

Smart new high efficiency 'A' rated condensing boilers are over 90% efficient, and will provide you with greater comfort, saving energy and reducing fuel bills.

Also, making substantial reductions to your fuel bill and carbon emissions.

Smart heating controls can add a further 4% efficiency and allows you to control your heating from your smart phone or tablet when away from your home.

We also have some great solutions to improve hot water efficiency such as 'flue gas heat recovery', enabling efficiencies of nearly 100% to be achieved.

Call Green Heat now to arrange a free visit and receive some expert advice from qualified heating engineers with over 50 years experience of providing home comfort.

We can provide a detailed specification and no obligation quotation tailored to your needs for a trouble free efficient, well controlled heating and hot water system.

Green Heat Ltd
The Energy Efficiency Company

WORCESTER Bosch Group Accredited Installer

Green Heat Limited: 27 Fairway, Girton, Cambs, CB3 0QF, info@greenheat.uk.com

---

A Barrett & Son Electrical

Domestic, Industrial & Commercial

Call Andy on 07735 615871 for:
Competitive Prices and First Class Service
All Types of Electrical Installation, Maintenance
And Repairs including testing and inspection
Domestic, Industrial and Commercial

A Barrett & Son Electrical
85 Stonefield, Bar Hill, Cambridge, CB23 8TE,
United Kingdom
Mobile: 07735 615871
Email – barretts11@msn.com
Elecsa Reg No : EPP32673
Vat Reg No. 258 9429 52

Bar Hill Resident for over 40 Years

- New Build Installations
- Rewires
- Extensions
- Smoke Detectors
- Lighting
- Power
- Security Lighting
- Call Outs
- Testing / Inspections
- Data Wiring
- Consumer Units
- Heating/Showers

Electrical Safety Register incorporating ELECSA NICEIC ECA Certification Ltd

Bar Hill Guiding

Rainbows is all about developing self-confidence, building friendships, learning new things and having fun. Girls get their hands dirty with arts and crafts, get in touch with nature and play games - it's all about learning by doing. Rainbows follow a diverse and engaging programme and can take part in lots of different activities.

Each unit operates their own waiting list for spaces and 2nd Bar Hill Rainbows currently has limited spaces available. Activities we have taken part in recently include learning camping and outdoor cooking skills; Girlguiding's national campaigns, most recently the 'Pass On Plastic' event which encouraged everyone to make a #PlasticPromise to reduce single uses of plastics; First Aid, what to do if there is an accident, when to call 999, how germs spread and the importance of keeping our hands clean by washing them regularly. Away from meetings we have had a fabulous sleepover at Shepreth Wildlife Park, getting up close to the animals including an exclusive night tour, campfire, remembrance, trip to visit Santa at Gulliver's Land, trip to watch Frozen 2 at the cinema, District Christmas event, County STEM day and ten pin bowling.

To register, please email:
barhillguiding@icloud.com
or register on-line:
www.girlguiding.org.uk/information-for-parents/register-your-daughter/

FOR SALE (APR): WEIGHT LIFTING EQUIPMENT. Bench Press with various size weights total 65KG + 2 sets Barbells
£40 ONO - Can deliver locally
Tony **07831 895007** or **01954 789848**

Cambridge Conservation Initiative

Celebrity speakers including Sir David Attenborough, Steve Backshall and Lily Cole as well as leading conservationists will come together on the 25 April at the Cambridge Conservation Initiative's flagship campus. Experts and youth leaders will celebrate environmental success stories from around the world. Alongside Cambridge, Washington, Sydney, Nairobi, Beijing and Rio are holding their own Earth Optimism events to spread the unanimous message: conservation works, and the time to act for nature is now.

In support of the day, Sir David Attenborough said, 'We all know that there are great problems [but] we don't hear enough of some of the successes. Successes which can give us the courage, information and the inspiration which we need to continue.'

The #EarthOptimism global movement invites everyone to celebrate conservation wins and take action for the planet. The day itself will showcase success stories from the restoration of Wicken Fen to the recovery of lions in southern Kenya, sharks in the waters around the Maldives, and the critically endangered Mauritius kestrel.

Earth Optimism will celebrate nature's resilience and people who help it flourish.

At the same time as the talks, the event will include a family-focused Solutions Fair, where participants can get practical and effective advice over the changes we can all undertake in our everyday lives to make a real difference for nature - from reducing our energy use to cooking lower-footprint food, appreciating nature and getting involved in local campaigns for transformation. We invite you to arrive hopeful, and leave empowered to be the change.

A list of speakers and stalls on our website. The entire event is free, but booking is required for the talks.

Please visit;
earthoptimism.cambridgeconservation.org/

NOT TOO NEAR, NOT TOO FAR
FOR INDEPENDENT FINANCIAL ADVICE
on investments, regular savings, pensions, life cover, inheritance tax planning etc

Contact: NIGEL BOLITHO OF BV SERVICES
185 High Street, Cottenham, Cambridge, CB24 8RX
Tel 01954 251521
Email: Bolitho@enterprise.net
Authorised and regulated by the Financial Conduct Authority

IJC we've got your home improvements covered

WE'RE HIRING! Contact us for permanent or subcontract vacancies

PLUMBING & HEATING
- fit a new boiler
- upgrade your heating system
- annual service for your boiler

BUILDING SERVICES
- bathroom & kitchen installation
- new build
- home renovation

IJC is a family run Cambridgeshire business with over 30 years' experience.

We offer a comprehensive range of domestic and small commercial works across all forms of building, plumbing, heating and renewable services.

call: 01954 782920
or visit: www.ijcbuildingservices.co.uk
45 Viking Way, Bar Hill, Cambridge, CB23 8EL

ENTIRE

Gas Safe Register · Water Safe Quality Assured · SafeContractor Approved

The Complete Gas Heating and Plumbing Company

Plumbing • Heating • Gas
Bathrooms • Water Softeners
Property Maintenance
Tel: 01954 204044 • Web: www.entiregroup.co.uk
Email: service@entiregroup.co.uk

Cambridge Solar Ltd

Local, Friendly, & Professional since 2009

Contact us today for a quote.
01223 863 885
cambridge-solar.co.uk

Since 2009, Cambridge Solar Ltd has installed nearly 400 solar energy systems at homes and business around Cambridgeshire, including the Bar Hill Village Hall in 2014. We are committed to serving our community through honest, high-quality workmanship engineered to each client's goals.

Winner: 2018 British Renewable Energy Installer of the Year, from the REA
Winner: 2018 Solar PV Installer of the Year, East of England Energy Efficiency Awards

cambridge-solar

Bar Hill Tennis Club

NEW SEASON AND AGM

Our very informal Annual General Meeting is being held 19.30 on Thursday 16 April at our local pub, the Fox. Anyone who would like to know more about the Club or thinks they may be interested in playing Tennis is very welcome to attend as the Club needs 'new blood' to ensure its continuing success. If you would like to know more please call Paul Chubbuck, our Secretary

Our new season starts on Tuesday 21 April and we look forward to welcoming new members to help ensure the continuing success of the Club.

We offer very competitive annual membership fees (for details please visit our web site www.barhilltennisclub.co.uk , pop down to the courts during Club nights or call our Secretary) and also the opportunity to "pay and play".

Annual membership runs from 1 April and all existing members are reminded that you do need to renew your membership to obtain a key to access the Courts as the lock is changed annually for security purposes. Annual membership entitles you to play anytime outside of normal Club nights.

We invite all current, lapsed and new members to come along and play on the courts. Please encourage your family, neighbours and friends to come down to our club social nights to play some tennis. We welcome players of all abilities. Tennis is an excellent way to keep fit and enjoy the summer evenings in a relaxed and friendly environment.

Our Adult Club nights are Tuesdays & Thursdays 7 to 9pm and Club nights start Tuesday 21 April 2020. We look forward to seeing you!

CONTACTS:

Paul Chubbuck (Secretary) 01954 781 688, Mobile 07983 435104 (paul.chubbuck62@gmail.com)

Sue Pemberton (Chair) 01954 780817

Roma.pemberton@btinternet.com

John Suchocki (Treasurer)

For more information give us a call or visit our web site barhilltennisclub.co.uk

Rothwell's
Carpet Cleaning

Carpet Cleaning

& Stone Floors, Upholstery, Rugs

A few points that make us stand out

Rothwell's has been in business since 1993
We're an honest local family firm.
Our large truck mounted machines mean more cleaning & drying power for excellent results.
Members of both the NCCA and TAC-CA.
We will move the furniture.
100% satisfaction or it's FREE.

NCCA NATIONAL CARPET CLEANERS ASSOCIATION
CLEANING THE NATION'S CARPETS AND UPHOLSTERY
M2391

Call Oliver and Max Campbell

M & M

Heating & Building Services

- Full Gas & Oil Boiler installation
- Full Heating Systems
- Boiler Servicing and Landlord Certificates
- Power Flushing
- Full Bathroom Design & Installation
- All Plumbing Works Large and Small
- Extensions, Alterations and Repairs
- Refurbishment and Renovations
- Kitchen Design and Installation
- All Carpentry Works

OFTEC

01223 691599
07766 281962/07832 261791
info@mandmheating.co.uk
www.mandmheating.co.uk
10 SOUTH ROAD, IMPINGTON, CAMBS, CB24

Gas Safe Register

Paying too much for your glasses?

Save Money - Buy Direct!

Visit our factory shop to see our fabulous range of Discount Prescription Eyewear

- Hundreds of frames to choose from, including designer frames from Ray-Ban, Polo Ralph Lauren, Oakley, PRADA, Ted Baker and Versace
- Specialists in high and complex prescriptions
- Same-day or next-day service available*
- Save up to 75%
- Huge range of designer sunglasses
- Full range of sports eyewear

Official stockists

*subject to prescription and availability

Ray-Ban GENUINE SINCE 1937 · POLO RALPH LAUREN · OAKLEY · PRADA EYEWEAR · TED BAKER LONDON · VERSACE

We are open 9am to 5pm Monday to Friday, and 9am to 1pm Saturday

ALL EYES SPECTACLE MAKERS SINCE 1987

Call us **01954 231545**

Visit our website **www.all-eyes.co.uk**

20 Norman Way Industrial Park, Over, Cambridge CB24 5QE

Michelle Oliva 1:1 Consultant Based Over, Cambridge

M: 07958 007513 - E: mitcholiva123@gmail.com -

W: www.one2onediet.com/michelleo - T: mitcholiva123

THE 1:1 DIET by Cambridge Weight Plan®

NOW OPEN in the Village of Over...
Dog Day Care...
with a difference
Opening Hours
Monday to Friday
7:30am - 6pm
Find us on facebook
Unit 17
Norman Way
Over CB24 5QE
07764 959238
PUPPY CLASSES - 6 WEEK COURSES
SPACES ALWAYS AVAILABLE.
Norman's

Take a look at what we all get up to each day on our FACEBOOK PAGE... search for
'Norman's Dog Day Care'

WILDLIFE TRUST

Spring Walks – April 2020

Come and experience the delight of a carpet of bluebells in an ancient woodland. You are welcome to share this enchanting scene by participating in a guided walk through Brampton Wood on Saturday 2nd May.

George Cottam, who is Warden of Brampton Wood, will lead us through this woodland where a rich variety of flora can be seen. He will focus on the bluebells, but we also hope to see other woodland flora, butterflies and we will listen to the singing of local birds.

Please note that the woodland paths are very uneven and likely to be muddy. Meet at 2.30 pm in the Shelter which is adjacent to the car park in Grafham Road, Brampton, GR TL 184698. Everyone is most welcome to attend. There is no charge, but donations are welcome. For more information please contact Alistair (alistairrgrant@hotmail.com).

THE wildlife TRUSTS

Hate cleaning? We do it for you! Cleaning, ironing and cooking, whichever you choose, or combine. Contact Dee on 07736967179 for further details/ requirements or email Deliagill69@yahoo.co.uk

On Wednesday 4th March 32 adults, a mixture of staff and parents of Bar Hill Primary School, attended a level 2 induction on Children's Mental Health. Mental health problems affect around 1 in 10 children and young people. Emotional wellbeing is just as important to us as a child's mental health, therefore it is important for us and young people to have a good understanding of the concepts, risk factors and impact of mental health. The course is a 6 week course that will give all adults a real insight into understanding and supporting children's mental health and is also ofsted recognised.

On Friday 6th March, the well-known author Julia Jarman came to visit all year groups at our school. Julia has written over 100 books and shared some of her books with the children. Julia read a number of her books to the children and gave them an insight into what they are about. She also talked about the writing process and shared her love of reading and writing. The children were also able to ask Julia questions about her books and career. Reception children loved the story of 'The Big Red Bath' where Julia brought out a story sack with props too!

City & Guilds Qualified

APPLETREES PLUMBING & HEATING

Gas Safe Register Number 564278

All types of domestic plumbing, heating, renewable energy and gas work undertaken including:

Boiler Installation and Servicing
Radiator Installation and Moving

Heating System Updating and Installation
Heating System Cleaning and Power Flushing
Inspection and Certification
Renewable Energy Specialists

Bathroom Installation
Appliance Installation

Tap repairs
Toilet repairs
Install & repair water storage tanks
Underfloor heating

City and Guilds Qualified and Gas Safe Registered

Local Plumbing and Heating Engineer

Office Number – 01353 741236 Email – info@appletrees .plumbing

---

Cambridge Art Services

Cambridge Art Services offer an extensive selection of bespoke, handmade framing options from their local, professionally equipped workshop.
We can frame a wide range of items including;

- Paintings and drawings
- Photographs
- Sports Memorabilia
- Medals and Award Certificates
- Cross Stitch and Embroidery
- In fact, just about anything

Contact **Julian Finbow on 07952 295861**
email cambridgeartservices@hotmail.com or visit www.cambridgeartservices.co.uk

---

Looking for childcare in Bar Hill ?

We have spaces part time and full time for children aged 4 months to 4 years at our lovely little day nursery (next door to the primary school). We are open Monday to Friday 7.30am – 6pm.

Please feel free to call/ email and book a time to come and have a look around, our nursery manager Claire will be happy to arrange that for you.

Please call **01954 488081** or **email nursery@buttercupschildcareltd.co.uk**

We also have out of school care based at the children's centre at the front of the school (for primary school children). We are open from 7.30am to 8.45 am and from 3pm to 6pm Monday to Friday. Also in the school holidays from 8am-6pm.Please call our setting manager Sarah on 01954 200814 or contact us using the email **oosc@buttercupschildcareltd.co.uk**.

Buttercups CHILDCARE LTD

Steve Jolley Plastering & Tiling

33 Field View
Bar Hill
Cambridge
CB23 8SX

Home 01954 780445
Mobile 07727 203626

BAR HILL VILLAGE HALL

The village hall is located just off The Spinney and offers the following;

- Conference Facilities;
- Seminars;
- Committee/Meeting Rooms;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales;
- Kitchen Facilities;
- Excellent Parking and Catering Facilities

If you wish to book any of these facilities, or to get more information, please call 01954 782414 and leave a message. We'll call back within 24 hours (Monday to Friday). Alternatively you can email us at; barhill.villagehall@btconnect.com or visit www.barhillvillagehall.com

GIRLGUIDING IN BAR HILL

Helpers needed for Brownies.

Being a Leader, Assistant Leader or Unit Helper is one of our most rewarding roles as you get to work directly with girls, supporting and helping girls to grow into confident young women.

If you would like to join in the fun, please email us at barhillguiding@icloud.com.

GB BUILDERS

NO JOB TOO SMALL

FOR ALL MAINTENANCE RENOVATIONS AND DIY WORK

All general building repairs & odd jobs
Specialist in Painting & Decorating
Groundwork & Grass cutting

- Driveways, Paths, Patios
- Brickwork & Plastering
- Block paving
- Concreting
- Slabbing
- Fencing
- Plumbing
- Tiling
- Roofing
- Drainage
- Guttering
- Carpentry

Call today
07877 742 420 or
01480 437511
g.bbuilders@yahoo.co.uk

SPECTRUM

CONSERVATORIES
WINDOWS
DOORS

FENSA
Registered Company

MOBILE: 07702 895673
TEL: 01954 789478

Bar Hill Community Market

Saturday 4th April

Saturday 2nd May

CANCELLED

In the Octagon 10.30am – 2pm

Many stalls, selling homemade crafts and hopefully a cake stall.

Refreshments with soup at lunchtime.

Profits from the market go towards our Community and Charity projects.

For more details contact

Karen 01954 781085

bar.hill.community.market@gmail.com

Facebook - Bar Hill Community Market

http://bit.ly/BHCommunityMarket

Cambs Property Bureau

Looking for a property to rent?
Want to rent out your property?
Call us on **01954 260200**

Email: enquiries@cpbm.co.uk
www.cambspropertybureau.co.uk

Address: Unit 9, Highgate Farm,
Over Road, Willingham
Cambs CB24 5EU

SPORTS & SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports, play pool, darts, skittles, cribbage, or enjoy a drink in our lounge bar.

Food available Friday & Saturday 4-10pm; Sunday 2-8pm.

Upcoming Events

Dog racing on Saturday 25th April, £10 per person - coach, entry, meal and a drink. Places selling fast so get your name down at the bar now!

V E day on Friday 8th May, afternoon tea with prosecco for £10 per person with a live jazz band 4-6pm. Tickets available now at the bar.

The celebrations will continue into the evening with 'Almost Abba' from 8pm.

Members treasure chest draw nights are 11th, 25th of April Any enquiries please contact sarah.whitfield8@googlemail.com

Not a Member?

Join now for £10, Seniors £5.

GROUP FITNESS FOR ALL AGES

SHAPE N TONE

Mons 6.30pm-7.15pm, Church , Bar Hill
Weds 6.30-7.15pm, Church, Bar Hill

THE FITNESS CLASS

Mons 7.30-8.30pm, The Church, Bar Hill
Thurs 6.15-7.15pm, Oakington Pav

OVER 55S CLASS

Tues, 10-11am. The Church, Bar Hill
Frids 10-11am, Oakington Pav

£4.50 A CLASS / £36 FOR 10
CONCESS £3.50 A CLASS, £30 FOR 10

Call Simon on 01223 236945

or visit www.bodyinmotionpt.co.uk

FREE FIRST CLASS

BAR HILL COMMUNITY FOCUS - ARTHUR RANK HOSPICE

Do you knit or crochet?

Did you know that Arthur Rank Hospice Charity is able to use knitted and crocheted items to help with seasonal fundraising activities throughout the year? For example, in December hundreds of tiny knitted Christmas stockings were donated and filled with chocolates, enabling funds to be raised whilst spreading joy.

This Spring, the Charity is appealing for those who are a whizz with a needle, to help create Easter Chicks! These little chicks are small but mighty and help raise vital funds for the Hospice.

Could you (or someone you know) help contribute? Chick knitting patterns can be downloaded from Arthur Rank Hospice Charity's website at arhc.org.uk – type 'Easter chick' into the search function at the top right-hand side of the homepage and click into the news story that pops up.

If you do not have a printer available to print the pattern yourself, please contact Alison Pinney in the Charity's fundraising team on 01223 675888 or email fundraising@arhc.org.uk. Alternatively, copies of the pattern can be picked up at the Hospice Receptions.

If you're not a yarner, you can still get involved by donating egg-shaped chocolate treats such as Creme or caramel eggs, which can be inserted into the chicks for sale.

Your knitted chicks, and chocolate donations can be dropped off between 9am – 5pm Monday to Friday at the Reception desks of Arthur Rank Hospice Charity at Shelford Bottom (Cambridge) or at the Alan Hudson Day Treatment Centre (North Cambs Hospital, Wisbech) or at any of the Hospice's Charity Shops (Burleigh Street, Mill Road and Regent Street in Cambridge, High Street in Cottenham and Woollards Lane in Great Shelford).

Happy yarning!

Talking about death

Arthur Rank Hospice Charity welcomed Dr Katherine Sleeman from Kings College London, to a thought-provoking event hosted in their Education and Conference Centre recently. At the event, 'Let's Talk About Death – but why?', she shared some of her latest research. Guests learnt about the current outlook for palliative care, before listening, and contributing, to a lively discussion with a panel of experts.

Katherine described how the demographics of dying are changing as a society, we are living longer but dying slower and with greater complexity. She explained that how we care for people as they approach death is one of the biggest challenges we face.

The research she shared touched on how most people with a terminal illness would prefer to die in their own home. The numbers of people fulfilling this wish have risen over the past decade, but at the moment, sadly around 50% of people still die in hospital. Arthur Rank Hospice Charity's 'Help Us Be There' campaign was launched to help fund more of this specialist care to patients in their own homes (find out more at arhc.org.uk/helpusbethere.asp).

'Let's Talk About Death' was the latest in a series of events designed to open up conversation about this taboo topic. It follows on from the Hospice's involvement in 'Dying Matters' which is a national awareness campaign aiming to inform, provoke conversation, and enable people to carry on the conversation.

The next event of this kind will be on the 2 May 2020 as part of 'Dying Matters Awareness Week'. To find out more, please visit: eventbrite.com/e/dying-matters-tickets-96910926189 or to join the Hospice's mailing list for forthcoming talks contact Carla Crook Head of Engagement by emailing carla.crook@arhc.org.uk or call 01223 675894.

Is there a voluntary organisation here in Bar Hill that you'd like to see featured for next month? If so please contact the editor via email **bhneditor@yahoo.com** or on **07814 871752**.

Bar Hill Motors

20, Viking Way (next to Tescos)

For all your car care needs

The air conditioning has had a hard summer!
Has it been serviced in the last two years?
If not, we can help with our Qualified Staff and equipment

Opening times
Mon. To Fri. 8.00am - 5.30pm
Sat. 8.30am - Noon
Closed Sun.

☎ 781132

Alan's Carpets

- Home selection service
- Over 40 years' experience
- FREE quotes - Priced right
- Extensive range of quality samples
- Room-sized roll ends - carpets & vinyl
- Orders fitted within days, not months
- Showroom now open at 1 Station Road, Swavesey

Save £'s Discount prices!

Alan Shrimpton

Phone 01954 232298 or 07790 544250

Total Relaxation

at the farmhouse

The Farmhouse
Gladeside
Bar Hill, Cambridge CB23 8DY

01954 789 344
Gift vouchers always available

Aromatherapy, Massage
Indian Head Massage, Reflexology
Hot Stone Massage
Hopi Ear Candles
Facials,
Manicure & Pedicure, Gel Polish,
Minx Nails
Lash and Brow Treatments
St Tropez Spray Tan, Waxing
Hairdressing

email: total.relaxation@ntlworld.com

AIRPORT CARS CAMBRIDGE

- **Long distance journeys and airport transfers**
- **Non smoking, air conditioned executive cars**
- **Prompt, reliable and courteous door to door service**
- **5 to 8 seater MPV for family holidays**
- **Cruise terminals & Eurostar**
- **Visit our website www.airportcars.uk.net**

For the most competitive quote call:

Mick 07442 497 601 enquiriesairportcars@gmail.com

BAR HILL CHILDMINDERS

We are home-based childcare professionals, offering the comfort of a home from home environment for your child to play, learn and progress through the Early Years curriculum. We can also offer outdoor experiences, day trips and attend local groups plus before/after school care.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes, are fully insured and all trained in Paediatric First Aid.

We run Little Bunnies toddler sessions, with fun activities and singing, for children 0-5 yrs with their parents/carers on Thursdays, term time only, in the Octagon, 9.45 - 11.15am, (£1.50 for one child under one, £2.50 for one child over one and £3.50 for 2 or more children) - come along and meet us!

Some of our Childminders offer GOVERNMENT FUNDED places, 'Universal' and 'Extended'for 3 & 4 year olds (+ qualifying 2 year olds). The funded hours can be shared with your child's Pre-school/ Nursery. Below is a list of our Childminders - those who offer Government Funding have a letter 'F' before their name:

F	Kirsty	07584 168909	
F	Jacky	07718 447998	
F	Melanie	01954 204496	
F	Terri	07846 018714	
F	Kirsten	07906 218070	
	Mandy	01954 204223	
	Carol	01954 780238	

Christmas 2020 Planning

Christmas is now long gone but not totally forgotten!

Many communities around Bar Hill had a Christmas tree in the heart of the village over the Christmas period. We think it would be a great addition to our village! Would you be willing to join a small team of volunteers to organise Christmas lights for the village?

If so please contact the Residents Association (details on **Page 1**).

WILDLIFE TRUST

Spring Walks – April 2020

The Huntingdonshire Local Group of the Wildlife Trust invites you to come and experience some of the highlights of a traditional English Spring on Sunday 26th April.

At 10.30 am we will have our annual bluebell walk at Brampton Wood. This will be led by the Warden, George Cottam, who will show us the rich variety of flora and fauna, focusing on the bluebells. Please meet in the Shelter, adjacent to Brampton Wood Car Park, Grafham Road, Brampton at 10.30am. GR TL 184698.

At 2.30pm we will visit Portholme Meadow in a joint venture with the Hunts Fauna and Flora Society. Dr. Pat Doody will lead this walk and he will focus on one of Portholme's specialities, the Snakeshead Fritillary. Please meet at the Chinese Bridge car park, Godmanchester, PE29 2NB.

Please note that paths at both sites are very uneven and likely to be muddy. Parking is available, but it is limited. Everyone is most welcome to attend. There is no charge, but donations are welcome. For more information please contact Alistair (alistairrgrant@hotmail.com).

CAMBRIDGESHIRE HEARING HELP ARE LOOKING FOR VOLUNTEERS IN BAR HILL

Cambridgeshire Hearing Help is a charity that provides NHS hearing aid maintenance and hearing loss information and advice in the heart of local communities. This work is a lifeline for those who face barriers to accessing mainstream audiology services because they are older, frail, have other disabilities and/or live in rural areas.

If you are looking for an enjoyable volunteering role through which you can meet others, feel part of a supportive team (many of whom have shared experience of hearing loss) and enjoy the rewards of helping those in need in your local community, please do get in touch!

Tel: **01223 416141**; Text: **07852 699196**

enquiries@cambridgeshirehearinghelp.org.uk

Ash Croft Veterinary Surgery

HARDWICK
169 St Neots Road, Hardwick
Cambridgeshire, CB23 7QJ
Tel: 01954 210250

Monday - Friday - 8.30 to 10.30am & 4.30 to 7.00pm
Saturday - 9.00 to 11.00am

PAPWORTH
Unit 1, Pendrill Court, Ermine Street North
Papworth Everard, Cambridgeshire, CB23 3UY
Tel: 01480 831615

Monday, Wednesday, Friday - 11.30am to 1.30pm

Consultations by Appointment Only

www.ashcroftvet.co.uk

Let's Stamp out Leprosy

Many thanks indeed to everyone who rescued used stamps from their Christmas post and donated them towards tackling Leprosy. It's amazing that something we so often throw away can raise funds to help tackle this devastating, yet needless, disease.

Donations can still be given all year via the church letter box or church vestibule;

- Trimmed stamps (leave about 2mm border without cutting the perforation)
- Whole album collections
- Postcards (GB and foreign, posted or new)
- Old or Foreign coins and notes
- Medals

All these can help -

- Early detection and simple drug cure
- Rehabilitation of 4 million leprosy-affected people worldwide
- Prevent needless disabilities and blindness
- Allow people the dignity of providing for their families rather than being dependent on them.
- Tackle stigma which isolates sufferers.

Thank you for your support. **Pam Vendy**

THE ALLOTMENT SOCIETY

Are you interested in growing your own vegetables, fruit or flowers?

Why not try an allotment?

Call Jeni, our Plot Allocator, on 07979 351119 for further information.

R. A. Miller Plumbing and Domestic Heating

Fenside, 71 Willingham Road,
Over
Cambridge CB24 5PE

GAS safe 234391

All plumbing work undertaken

- New boiler replacement and installation with free quotation
- GAS boiler and GAS fire servicing - Landlord Certificates.
- Heating problems - Diagnosis and rectification.
- General plumbing - taps, washers, pipe work, showers, etc.
- Full and partial Bathroom installation work

For a reliable and professional local service

Robert Miller

Office **01954 203277**, Mobile **07831 853885**
robert.miller@ntlworld.com

URGENTLY REQUIRED

CARE SUPPORT WORKERS

Our Service

- We offer person centred care to adults with a learning disability in their home
- We enable and empower residents to return their independence and have choice and control of their lives

Why Apply?

- Flexible reasonable hours: Full time & Part time & Relief staff
- Opportunities to develop on-the-job
- Job satisfaction. Valued team member
- Company Pension scheme
- Competitive Hourly Rates
- Experience not essential: Induction & Training provided
- Must be - Committed : Passionate : Caring & Supportive

Location

Longstanton village, outside Cambridge

CALL: 01954 789856 - Mr Andrew McLees
CALL: 07836 697801 - Mr Paresh Sodha

JH FITNESS ACADEMY

"No goal was ever met without a little sweat."

Come down to your local gym
– it's practically on your doorstep –
We specialise in the following Group Fitness Classes:

• Kettlercise • Boxercise • Boot-camp circuits • Muay thai kickboxing • Barre fitness

For more information
visit www.jhfitnessacademy.co.uk.

SUMMIT LANDSCAPES

- Paving -
Driveways -
- Brickwork -
Carpentry -
- Groundworks -

Summit Landscapes

Telephone: **01223 929394**
www.landscapingpaving.co.uk

GEORGE

D.I.Y. MAN

Small Electrical Jobs
Decorating
Woodwork
OAP Discounts
Lifetime of Experience

No Job Too Small!

Mobile: 07544 871650

ELITE

TEL: 781937 MOB: 07986392611

43 THE SPINNEY
BAR HILL
CAMBRIDGE, CB3 8ST

* FULL BATHROOM AND KITCHEN DESIGN & INSTALLATION
* ALL ASPECTS OF FLOOR/WALL TILING
* SUPPLY & FIT OR LABOUR ONLY
* LAMINATE WOOD FLOORING
* FREE QUOTATIONS AND ADVICE
* QUALITY WORK GUARANTEED

WE CAN ALSO LOOK AFTER ALL YOUR PROPERTY MAINTENANCE REQUIREMENTS

e-mail: dean.mills2@hotmail.co.uk

Register your appliances

Cambridgeshire Fire & Rescue Service is encouraging residents to register their appliances for a safer home in 2020.

All you have to do is visit registermyappliance.org.uk, and register large appliances bought in the last 12 years.

This service ensures that householders can be contacted swiftly if a safety repair is ever needed or if an item is recalled by the manufacturer, helping to prevent the risk of fire.

CAMBRIDGESHIRE FIRE & RESCUE SERVICE
Working together to improve community safety

Book a Safe and Well visit

Did you know Cambridgeshire Fire and Rescue Service offer free home safety visits to those who are most vulnerable in our community?

Call 0800 917 9994 or visit www.cambsfire.gov.uk/safeandwell to find out more and book a visit or make a referral.

Become an on-call firefighter

CFRS is looking for men and women from all backgrounds to become on-call firefighters and provide emergency cover from either their home or their workplace.

On-call firefighters are a vital part of our Service and community. They respond to a wide range of incidents, from fighting fires, attending road traffic collisions, animal rescues to supporting other emergency services. In addition to responding to emergency incidents, our on-call firefighters support their communities by providing information and advice on a range of community safety topics.

They receive an annual wage to reflect the time they commit to being available plus additional payments for attending incidents and drill nights (one evening a week for two hours).

It's a hugely rewarding role, and we hope to encourage members of the community from all backgrounds to get in touch and find out more about becoming an on-call firefighter.

Visit www.cambsfire.gov.uk/oncall for more information.

P & P Home and Garden

Call 01954 782198 or 07954 372516

Email pphomeandgarden@hotmail.co.uk

www.pphomeandgarden.vpweb.co.uk

Friendly and reliable service.
We tailor our services to suit your needs,
Fully Insured

We offer

- **Cleaning Service**
- **Ironing Service**
- **Lawn mowing Service**

Weekly, fortnightly and monthly.

Skatz
HAIR DESIGN
and
Bethan's Beauty Shop

Opening times:

Mon	Closed
Tue	9.00am-5.30pm
Wed	9.00am-8.00pm
Thu	9.30am-7.00pm
Fri	9.00am-5.30pm
Sat	8.00am-2.00pm

89 High Street
Longstanton
780909
New direct phone to
Bethan's Beauty Shop
789100

- We offer a full range of hair and beauty treatments
- Gift vouchers available
- Bio sculpture nail extensions and natural overlays
- KMS / Goldwell appointed salon
- New for the summer - St Tropez spraytan treatment
- Appointments not always necessary

The Five Pub Challenge

2020 edition!

Sunday 10th May

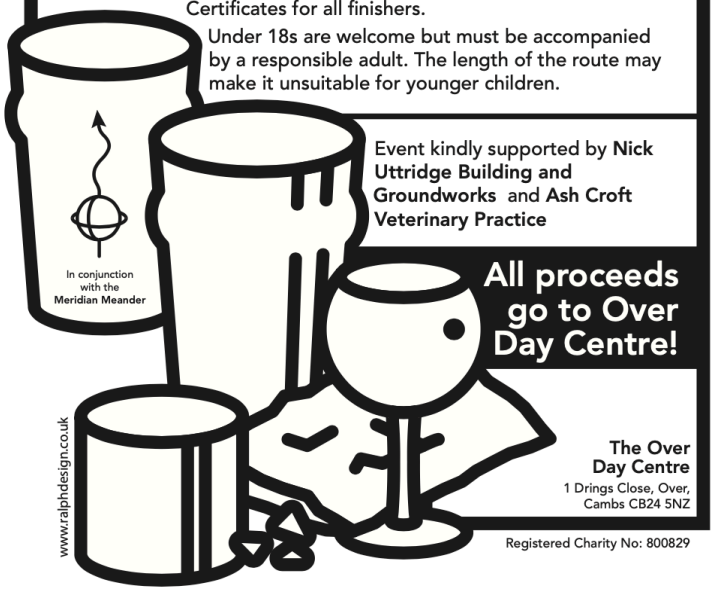
Meet at Over Day Centre for bacon rolls, tea, coffee, and 10.30am start, then a 12.5 mile walk through the beautiful Cambridgeshire fens to **The Pike & Eel**, then **The Ferry Boat** (for free soup and a roll), and on to **The Three Tuns** (free cone of chips if you get there before 2.30pm), **The White Horse** (free choc ice to cool you down) and **The Admiral Vernon** for free homemade cake & finisher's certificate.

£10 entry fee in advance, or £12 entry on the day from 9.30am.

Register by downloading a form from *www.overdaycentre.co.uk* or telephoning **01954 231807**.

Certificates for all finishers.

Under 18s are welcome but must be accompanied by a responsible adult. The length of the route may make it unsuitable for younger children.



In conjunction with the Meridian Meander

Event kindly supported by **Nick Uttridge Building and Groundworks** and **Ash Croft Veterinary Practice**

All proceeds go to Over Day Centre!

www.ralphdesign.co.uk

The Over Day Centre
1 Drings Close, Over, Cambs CB24 5NZ

Registered Charity No: 800829

The Meridian Meander

CHALLENGE EVENT

Sunday 10th May 2020

Fancy the challenge of a long distance walk or run whilst helping to raise funds for a local older persons charity?

Join us for one of the **Meridian Meander** circular routes of **18** or **26 miles** in length!

Both routes follow the valley of the River Great Ouse, passing through historic St Ives and its picturesque surrounding villages.

In conjunction with the Five Pub Challenge

Registration opens at 8.00am and closes at 9.00am at **The Over Day Centre**.

Free light refreshments will be provided at checkpoints on the route. Finish at **Over Community Centre** for a certificate and free piece of cake!

Detailed route instructions will be sent in advance by email. Entry is £15 per person (under 18s must be accompanied by an adult)

Book online at *www.sientries.co.uk*

Closing date 6th May. **NO ENTRY ON DAY**

All proceeds go to Over Day Centre!

Any questions? please contact Allison Box: amsdjb@yahoo.co.uk

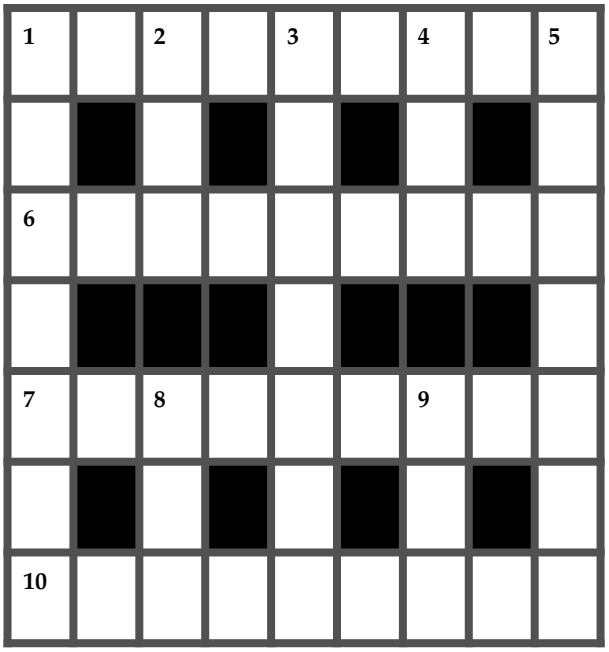
Event kindly supported by **Nick Uttridge Building and Groundworks** and **Ash Croft Veterinary Practice**

www.ralphdesign.co.uk

The Over Day Centre
1 Drings Close, Over, Cambs CB24 5NZ

Registered Charity No: 800829

APRIL CROSSWORD



Across -

1.impudence/jauntiness. 6.small airport. 7. sluggish. 10.poss words before a signature-5&4

Down-

1 & 5, see2. 2. artist 1891-1959 from Cookham. 3. too many chiefs, too few-. 4.personal esteem. 5. see 2dn. 8.Greek letter. 9. common for boss

March Solution

A	W	A	K	E	N	I	N	G
B	E	A	U	T	I	F	U	L
C	H	I	R	P	I	N	G	S
E	N	E	R	G	E	T	I	C
E	N	J	O	Y	A	B	L	E
F	E	R	T	I	L	I	T	Y
H	A	T	C	H	I	N	G	S
H	I	B	E	R	N	A	T	E
S	P	R	O	U	T	I	N	G

March Crossword Solution: Across -1.dandelion. 6.custodian. 7.oblivious. 10.snowdrops. Down---1.doctors. 2.NHS. 4.evolved. 4.ICI. 5.nemesis. 8.leo. 9.oso.

T.N. Walsh (AIP-RP)
Plumbing and Heating

Tel: **01954 780252**

Mobile: **07887 561525**

All plumbing and heating work,
including power flushing
Acorn Avenue, Bar Hill, Cambs, CB23 8DT
24 hour service...No call out charges!
23354 026851
Est. 1989

GAS safe REGISTER

iphe Chartered Institute of Plumbing and Heating Engineering

---

total ACCESS & SECURITY

07507774164
or
01954 583512

Email:
info@totalaccessandsecurity.co.uk

CCTV

ALARMS

ENTRY CONTROL

CALL TODAY FOR A FREE NO OBLIGATION QUOTE

Properties with no security systems are 5 times more likely to be burgled than those with simple security measures in place.

Protect your home and have peace of mind with our HD CCTV or alarm systems featuring remote viewing from any smart device.

WWW.TOTALACCESSANDSECURITY.CO.UK

Jim Edwards

Gas appliances, Plumbing and Heating

Gas Boiler Service from £59

New Boiler Installations

Powerflushing service from £199

Bathroom Installations & Showers

Landlord Certificates & Gas safety checks

All plumbing work undertaken, local friendly service. Fully Insured.

01954 267054

07870520702

www.cambridge-plumber.co.uk

jim-edwards@live.co.uk

GAS safe REGISTER

CORGI

HoneyBEAT DANCE & FITNESS

Zumba
£5 per class

Bar Hill Primary School
Tuesday 6:30-7:30pm

Contact Sara for details

www.honeybeatfitness.co.uk
sara@honeybeatfitness.co.uk

Date	Event	Pag	Where	Time
Apr 1	Carers Support Meeting	7	Willingham	
Apr 4	Bar Hill Community Market	27	Octagon	10:30
Apr 9	Bar Hill Crafts Shed	2	Octagon	10:00
Apr 9	NWR: Planning Meeting & Scrapbook Discussion	10		20:00
Apr 10	The Fox: Dan Olsen Performing (Acoustic Pop)	5	The Fox	20:00
Apr 11	Olive Tree Bereavement Support Group	6	Octagon	10:30
Apr 12	Easter at Lolworth	6	Church	06:00
Apr 14	Health & Wellbeing Club	11	Tesco	14:00
Apr 15	MKGP Maple Surgery Engagement Event	1	Maple Surgery	18:00
Apr 15	Bar Hill News Print Deadline (6pm)	1		
Apr 15	Cambridgeshire Hearing Clinics	7	Willingham	14:00
Apr 16	Bar Hill Tennis Club AGM	22	The Fox	19:30
Apr 18	Indoor Car Boot	1	Church	10:00
Apr 18	Bar Hill Cricket Club Fundraising Quiz Night	3	Social Club	19:30
Apr 22	Bar Hill Crafts Shed	2	Octagon	10:00
Apr 23	Royal British Legion	14	Octagon	19:30
Apr 23	NWR: Nigel Sutton, Fraud and Cyber Security	10		20:00
Apr 24	The Fox: Paul Manners (from Britain's Got Talent)	5	The Fox	21:00
Apr 25	Dog Racing	27	Social Club	
Apr 25	Bring Your Own Craft Group	6	Octagon	14:00
Apr 25	Earth Optimism 2020	20		
Apr 26	Wildlife Trust: Bluebell Walk	30		10:30
Apr 28	Bar Hill Book Club	10	Social Club	19:30

Please confirm event details with organisers!

Day	Event	Pag	Where	Time
Alt. Sun	Comberton Ramblers	15		
Fri	Indoor Carpet Bowls (Term Time Only)	8	See page	19:30
Mon	Happy Hours Monday Club	11	Octagon	11:00
Mon	Sing It Out/ Community Choir	8	Octagon	19:30
Thur	Knit & Natter	6	Octagon	13:15
Tues	The Fox: Weekly Poker Night	5	The Fox	19:00
Wed	Art Group	6	Octagon	13:30
Wed	Bar Hill Health Walks	9	Maple Surgery	10:30
Wed	Wednesday Wander	8		10:15
Wed	The Fox: Weekly Quiz Night	5	The Fox	20:00
Wed & Fri	Playpals Baby and Toddler Group (Term Time)	8	Octagon	09:45